

OFFICIAL COMPETITIONS SCHEDULE

INTERNATIONAL "CUP OF THE STRONGEST ATHLETES"
IN ARTISTIC GYMNASTICS
MOSCOW, JULY 1-7, 2025

JULY 1 (TUESDAY) ORGANIZATIONAL DAY

Time	Event	Location
14:00-20:00	Credentials committee and athlete registration	Security post area
15:00-20:30	Official training sessions	Training Hall
18:00-18:30	Meeting with team representatives	Conference Hall (2nd floor)

JULY 2 (WEDNESDAY) OFFICIAL TRAINING

WOMEN AND JUNIOR WOMEN

Time	Event	Location / Format
11:50-12:50	General warm-up	Training Hall
13:00-14:20	Podium training	20 min/apparatus (draw order)

MEN AND JUNIOR MEN

Time	Event	Location / Format
13:50-14:50	General warm-up	Training Hall
15:00-17:00	Podium training	20 min/apparatus (draw order)

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JULY 3 (THURSDAY)
QUALIFICATION AND ALL-AROUND FINALS

MEN AND JUNIOR MEN

Time	Event	Location
14:10-15:20	General warm-up	Training Hall
15:00-15:20	Opening Ceremony	Central Arena
15:30-18:15	Qualification + All-Around Final	Central Arena
18:30-18:45	All-Around medal ceremony	Ceremonial Zone

WOMEN AND JUNIOR WOMEN

Time	Event	Location
10:00-13:30	Warm-up	Training Hall

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JULY 4 (FRIDAY)
QUALIFICATION AND ALL-AROUND FINALS

WOMEN AND JUNIOR WOMEN

Time	Event	Location
09:50-10:50	General warm-up	Warm-up Hall
11:00-13:00	Qualification + All-Around Final	Central Arena
13:20-13:40	All-Around medal ceremony	Ceremonial Zone

MEN AND JUNIOR MEN

Time	Event	Location
14:00-18:00	Warm-up	Training Hall

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JULY 5 (SATURDAY)
APPARATUS FINALS (DAY 1)

DISCIPLINES:

Men	Floor Exercise, Pommel Horse, Rings
Junior Men	Pommel Horse, Rings, Floor Exercise
Women	Vault, Uneven Bars
Junior Women	Uneven Bars, Vault

Time	Event	Location
13:50-14:50	Finalists' warm-up	Central Arena
15:00-18:00	Apparatus Finals	Central Arena
18:00-18:40	Medal ceremonies	Ceremonial Zone

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JULY 6 (SUNDAY)
APPARATUS FINALS (DAY 2)

DISCIPLINES:

Men	Vault, Parallel Bars, Horizontal Bar
Junior Men	Parallel Bars, Horizontal Bar, Vault
Women	Balance Beam, Floor Exercise
Junior Women	Floor Exercise, Balance Beam

Time	Event	Location
12:50-13:50	Finalists' warm-up	Central Arena
14:00-17:00	Apparatus Finals	Competition Hall*
17:00-17:40	Medal ceremonies	Ceremonial Zone

*Translator's note: Original lists "Соревновательный зал" (Competition Hall) for finals, while previous days used "Центральная арена" (Central Arena).

JULY 7 (MONDAY)
DEPARTURE

Hotel check-out: Until 12:00
Organized airport transfers